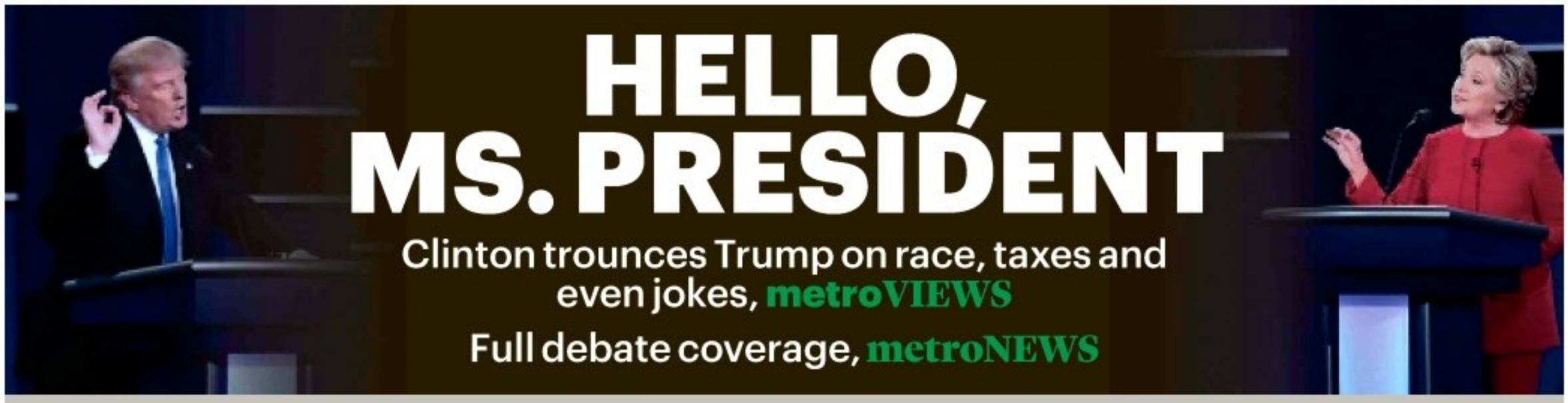

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THE EVICTION ECONOMY

Toronto man claims landlord kicked him out to rent his suite on Airbnb — and some worry it could be a trend

May Warren
Metro | Toronto

A Toronto man is fighting eviction from his apartment, accusing the landlord of trying to turn his suite into an Airbnb rental.

Short-term rentals are a looming issue in the Toronto housing market, and advocates say they'll be watching the case closely when it goes to the Landlord and Tenant Board in November.

Ron Campagna and his wife were served with an eviction notice in August, indicating their landlord's son wanted to take back their Spadina Avenue apartment.

They were given 60 days to find a new place to live.

Campagna believes the landlord wants to turn his apartment into an Airbnb rental. Another unit in the same building was recently renovated and listed on the site.

"It's just not right," Campagna said. "They're just skirting a law right now that's a real grey area and getting away with it."

The couple is still living in the unit. Campagna said he wanted to go public with their story because he believes it may be happening to others in Toronto.

Campagna's landlord, Viet Nguyen, denied he planned to use the unit for Airbnb and said he plans to move in.

Kenneth Hale, a legal director of the Advocacy Centre for Tenants Ontario, said the "personal use" eviction — known as an "N12" — has long been open to misuse by landlords.

"Now Airbnb has just created another financial incentive to abuse this section," he said.

Airbnb spokesperson Christopher Nulty said the company opposes evicting tenants to list a property through their service.

Airbnb is working with the city to develop "sensible" regulations around home sharing that reflect that principle, Nulty wrote in an email.

Landlord and Tenant Board spokeswoman Whitney Miller said there's no way to track whether evictions are related to Airbnb rentals, and could not comment on whether Campagna's is the first such case in Toronto.

+ Ontario advocates call for greater scrutiny, p. 6

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‘Like having two conversations’

GRIDLOCK

Road safety advocates slam Tory’s plan for intersections

Luke Simcoe
Metro | Toronto

Standing at the corner of Victoria Park and Finch avenues Monday, John Tory pledged that improvements to busy intersections in Toronto would get traffic moving, but also keep pedestrians and cyclists safe.

However, road safety advocates say the changes could actually make the intersections more dangerous.

“This is in direct contradiction to what we heard in the road safety plan,” said Walk Toronto member Maureen Coyle, referencing the city’s $80-million effort to reduce pedestrian and cyclist deaths.

“It’s like we’re having two separate conversations.”

Tory was touting changes aimed at curbing congestion at the city’s 10 busiest intersections. A corresponding press release noted 39 changes at each location, only four of which pertained to pedestrians.

Other changes included longer green lights and dedicated turn signals “to accommodate more vehicles turning left.”

The latter has Coyle worried. According to a 2015 Toronto Public Health report, turning vehicles account for 39 per cent of all pedestrian injuries and deaths. She’s also concerned dedicated turn signals will reduce pedestrian crossing times.

“Priority is being given to turning vehicles,” she said. “That means you have shorter greens for pedestrians. Shorter travel time has been identified repeatedly as a significant reason why collisions with human beings occur.”

Bloor Street East and Parliament Ave. is one of the intersections slated for improvement as the city works to tackle congestion.
EDUARDO LIMA/METRO

Kyle Miller is an urban planner in Toronto who’s been tracking collisions between drivers and pedestrians and cyclists. Last week, he showed 1,083 pedestrians and cyclists have been hit by drivers since May 30 — an eight per cent increase over the same time last year.

“In light of the conversation we had last week, I thought it was interesting that we’ve got John Tory standing at a suburban intersection talking about how to make it better for cars,” Miller said.

Coun. Jaye Robinson, chair of the public works committee, said the focus on congestion has not detracted from the city’s efforts to roll out the road safety plan. She said 14 pedestrian safety corridors, featuring reduced speeds, re-timed signals and better pavement markings, will be complete by the end of the fall.

“We’re moving along as aggressively as possible,” Robinson said.

TOP 10

Most congested intersections

Toronto has identified intersections where rush-hour traffic grinds to a halt. Mayor John Tory has pledged to make design changes at each one to get traffic flowing.

1. Eglinton Avenue West and Martin Grove Road
2. Lawrence Avenue West and Black Creek Drive
3. St. Clair Avenue East and Mount Pleasant Avenue
4. Finch Avenue and Yonge Street
5. Sheppard Avenue and Yonge Street
6. Bloor Street East and Parliament Avenue
7. O’Connor Drive and Don Mills Road
8. Eastern Avenue and Carlaw Avenue
9. Finch Avenue East and Victoria Park Avenue
10. Kingston Road and Lawrence Avenue East

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TRANSPORTATION

School bus chaos to be probed

With a rising number of complaints, Ontario’s Ombudsman Paul Dubé announced Monday that his office would be looking into Toronto’s school bus woes.

Nearly a month into the school year, Dubé said his office continues to receive complaints from children and parents in Toronto scrambling over no-show buses. “We continue to receive complaints from frustrated families who are experiencing chronic delays or are repeatedly forced to scramble to get children to school when their buses don’t show up,” Dubé said.

Both the Toronto District School Board and Toronto Catholic District School Board have been notified, and will be queried on whether the oversight of student transportation and the response to delays and disruptions were “adequate.”

“We will look at what the boards knew about possible transportation problems,” Dubé said.

Toronto Student Transportation Group, an organization responsible for providing transportation for students in both boards, wrote on Sept. 13 that a “severe bus driver shortage” would continue to lead to school bus shortages.

As of Friday, the Toronto Catholic District School Board spokesperson John Yan said that they’ve now matched all students to a bus route, but those routes are heavily modified due to the continued shortage of drivers.

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metro NEWS

Your essential daily news

Home Depot removes "Peeper Creeper" decoration from sale after complaint. **Business**

This 45-foot globe was spotted at Nathan Phillips Square on Monday. It's one of the nearly 90 exhibits that will be on display during Nuit Blanche. JENNIFER PAGLIARO/TORSTAR NEWS SERVICE

Look: It's a big ball at city hall

CULTURE

... and it's an art project ready for Toronto's Nuit Blanche

As Janelle Deaker, visiting the city from New Zealand, took photos of the Toronto sign in Nathan Phillips Square, she stared inquisitively at the giant white orb behind it.

"I have no idea what it is," she said Monday as she shrugged her shoulders. "I assume it's always been there."

Tethered to the front of city hall, the white globe, 45 feet in diameter, prompted many onlookers — tourists and locals alike — to stop and gawk. A few, naturally, took a selfie with it.

The orb was an eye-catching reminder for Torontonians that Nuit Blanche is just around the corner.

It's part of Death of the Sun, a contemporary art project that's the brainchild of Director X, the veteran Toronto music-video director behind Drake's Hotline Bling.

The all-night artistic and cultural festival takes place Saturday night, with installations, talks and tours across the city. Kristine Germann, the programming manager for the city's cultural events department, said Director X's exhibit has been years in the making.

Director X (born Julien Lutz) is the creator of the giant orb, part of the Death of the Sun installation. TORSTAR NEWS SERVICE FILE

In 2012, the city commissioned Janine Marchessault and Michael Prokopow to curate an exhibition called Museum for the End of the World.

Four years later, the prominent pair is offering a second part with Oblivion, the exhibition that is anchored by Director X's giant ball.

"This particular project really demonstrates and talks about the journey of the birth, life and death of the sun," said Germann, adding that it will feature a 12-minute video that shows the sun's 12-billion-year progression.

"It's an exciting exhibit, marrying filmmakers coming from popular culture with two of the most highly regarded curators from the contemporary art field."

Director X said in a statement that the installation is "intended to portray the death of the star that sustains us."

"Although we all know that our earth is a tiny little rock in comparison to our sun, a true comprehension of this immense reality is difficult to grasp," the 40-year-old director — born Julien Lutz — said on the Nuit Blanche website.

"Whether people realize it or not, our countries, currencies, trade agreements and geopolitical conflicts are all social constructs and are essentially purposeless in the great long haul."

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Proposed rail deck gets complicated

URBAN PLANNING

Groups' claim to air rights may muss city's plans for park

Mayor John Tory announced last month the proposal to build a rail-deck park between Bathurst Street and Blue Jays Way -- which city staff now say could cost more than $1 billion.
CHRIS SO/TORSTAR NEWS SERVICE

A group of developers is laying claim to the rights over a large stretch of the rail corridor downtown, complicating the city's intention to build a 21-acre park in that space.

Mayor John Tory last month announced the proposal to build a rail-deck park between Bathurst St. and Blue Jays Way — which city staff now say could cost more than $1 billion. The mayor's executive committee voted last week to move ahead with that plan, which Tory has backed as a legacy project.

The city, Tory and local Councillor Joe Cressy have said that preliminary talks over the sale of the air rights over the active rail lands with two rail companies, who say they own most of those relevant rights, have been "positive."

But Matthew Castelli, a GTA developer behind Senator Homes and the Kingsman Group, says those air rights have already been sold to a consortium of developers that includes the Craft Development Corporation, based in Etobicoke.

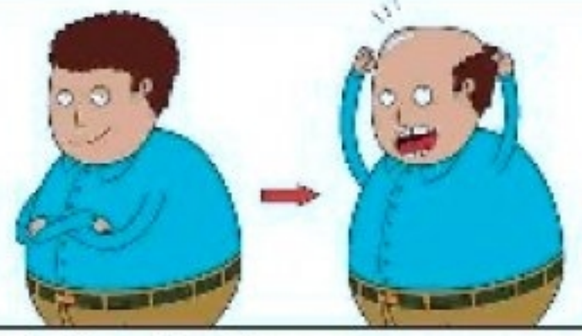
"I can't really talk about anything at all. The only thing I can confirm is I'm part of a consortium that do own the air rights over the rail lands," Castelli told the Star on Friday.

Castelli said the group's rights include the entire 21-acre stretch being eyed by the city and that the rights were not purchased recently.

He refused to provide more details about the terms of the deal or any documentation confirming the ownership.

THE ASSOCIATED PRESS

LOSING HAIR IS NOT FUNNY



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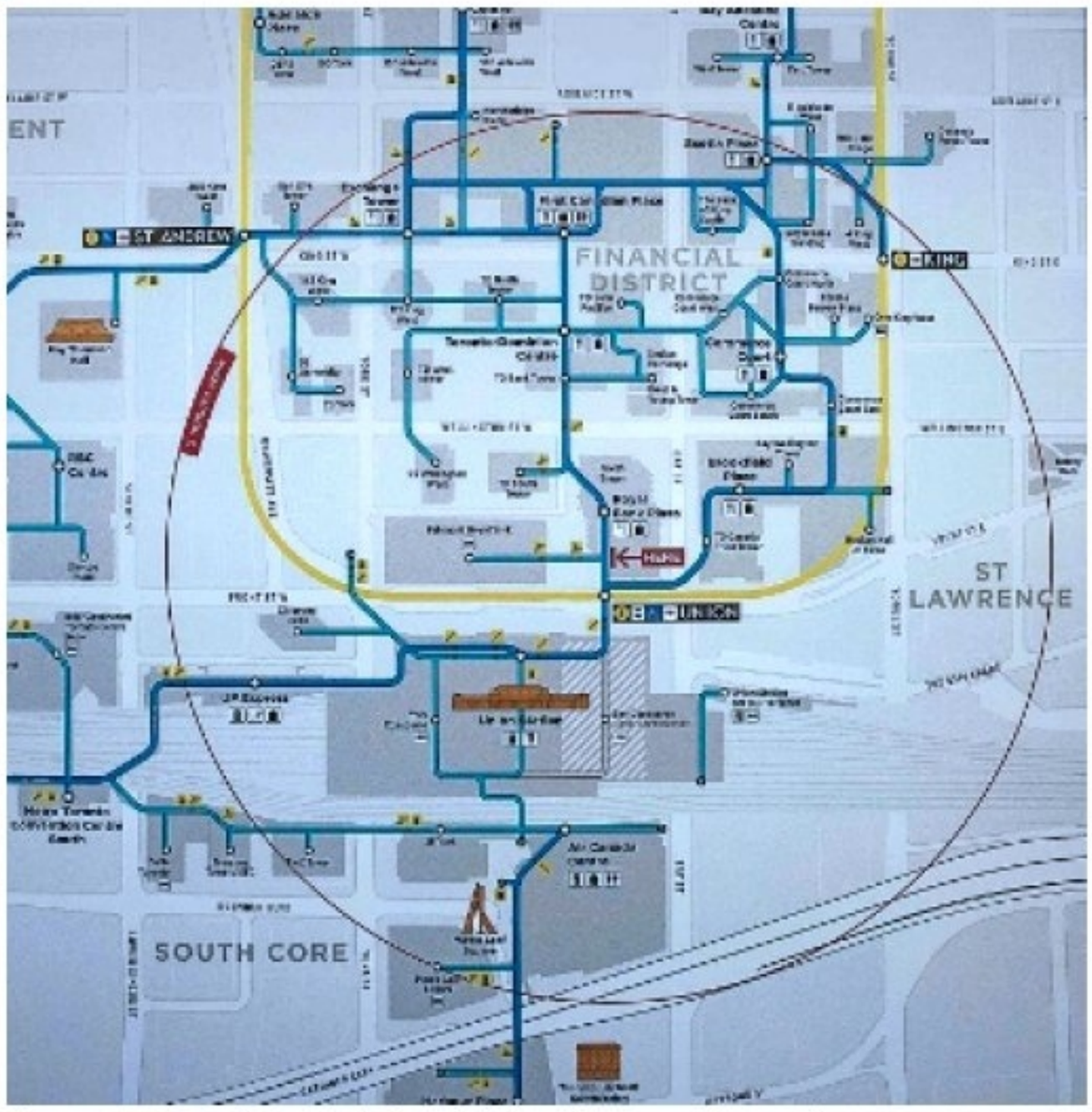

The new PATH map aims to make the underground system easier to navigate. EDUARDO LIMA/METRO

A simpler PATH

SURVEY

Comments sought on new map, signage for network

Ever feel lost trying to navigate the maze beneath Toronto's financial district? You're not alone.

A new map for the downtown PATH was posted on Monday morning in the Royal Bank Plaza, after a recent survey found that 81 per cent of PATH users found the old signage didn't help them navigate the underground system.

Some 200,000 pedestrians travel the PATH underground network each workday between 80 buildings, including five major banks. The network keeps them out of the wind and snow but the Toronto Financial District BIA admits in a press release it's "also notoriously difficult to navigate, especially for new users."

Comments on the new map and signage are sought in an online survey and through #PATH360 on Twitter.

"We know there are further refinements to make and we hope both PATH experts and new users take the opportunity to assist in making the new map the best it can be," said Evan Weinberg, policy and advocacy manager at the Toronto Financial District BIA, in a prepared statement.

The new map was drawn up after looking at almost 2,000 public responses that were received from February to May about how to improve the PATH map and signage, Weinberg said.

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IN BRIEF

Man critical after being scalded by hot tar

A man in his 40s was in critical, life-threatening condition after a vat of tar estimated as hot as 200 C tipped over on him at Logan and Danforth avenues on Monday morning. Emergency responders worked frantically to extricate the man who was trapped in several inches of molten tar. TORSTAR NEWS SERVICE

BELLEVUE SQUARE PARK

Toddler fine after eating pill

Police are investigating after a toddler ate part of a pill that was found on a slide Sunday in Bellevue Square Park in the Kensington Market neighbourhood.

Const. Jenniferjit Sidhu says the pill was anti-anxiety medication and that one parent was able to stop the 15-month-old boy from swallowing the entire pill. He says the child is fine.

Sidhu says police found more pills throughout the park. THE CANADIAN PRESS

Police found prescription pills throughout Bellevue Square Park in Kensington Market. VINCE TALOTTA/TORSTAR NEWS SERVICE FILE

Scrutinize evictions: Advocates

RENTALS

Landlord and Tenant Board doesn't track 'N12' notices

May Warren
Metro | Toronto

As a case of alleged eviction for Airbnb rental goes to the Landlord and Tenant Board, advocates are calling for greater scrutiny of evictions.

Under Ontario law, landlords can evict tenants for "personal use," meaning they or their family is moving in. Tenants can fight the eviction, known as an "N12," by arguing that it was done in "bad faith."

Ron Campagna is taking his landlord to the Landlord and Tenant Board after being evicted for personal use. He believes the landlord plans to rent his Spadina Avenue apartment on Airbnb. His landlord denies it.

But it's impossible to know how many people across Toronto have been handed N12 notices because the Landlord and Tenant Board doesn't track them.

In Hamilton, Coun. Matthew Green has noticed an uptick in constituents reporting their landlords serving N12 notices as property values — and rents — in the city rise.

"They don't upgrade, they don't do anything; they just jack the prices up and re-rent it out to people," he told Metro.

Because N12 notices are not filed with the Landlord and Tenant Board, Green says it's hard to get a handle on just how widespread the problem is.

"The vast majority of evictions go unchallenged," he said.

Only cases in which the tenant refuses to leave, forcing the landlord to appeal to the Landlord and Tenant Board, are counted. According to the board, 7,983 applications to terminate tenancies for reasons other than unpaid rent were made between 2014 and 2015.

Ron Campagna EDUARDO LIMA/METRO

In Toronto, city councillors are set to debate a proposal to licence landlords this fall.

Kenneth Hale, a legal director of the Advocacy Centre for Tenants Ontario, said a landlord registry could help get the number of evictions in the city on the record.

"The landlord's own use provisions are really just based on the word of the landlord … and there's nobody supervising that," he said.

EVICTED?

Do you believe you've been evicted so the landlord can rent your apartment on Airbnb? Email may.warren@metronews.ca.

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ROYAL VISIT FIRST NATIONS WELCOME WILL AND KATE Prince William, the Duke of Cambridge, and Kate, the Duchess of Cambridge, attend a welcoming ceremony at the Heiltsuk First Nation in Bella Bella, B.C., on Monday. DARRYL DYCK/THE CANADIAN PRESS

Professor 'free and out of Iran'

MIDDLE EAST

Canadian held for months in notorious Tehran prison

Retired Canadian-Iranian professor Homa Hoodfar has been released from an Iranian prison and is recovering with family in Oman, her friends and colleagues confirmed Monday, four months after her arrest that made headlines around the world.

Last March, shortly before she was to return to Canada after a trip to Iran, Hoodfar, 65, was detained and then released on bail but kept under house arrest. She was re-arrested and held in Tehran's Evin prison since June 6.

The exact reasons for her detention were never made public, but her family and colleagues have indicated she ran afoul of Iranian authorities due to her research on homosexuality and women's sexuality in the context of Muslim countries.

Until recently, Hoodfar taught anthropology and sociology at Montreal's Concordia University, where colleagues told a news conference they were overjoyed with her release.

Margie Mendell, a Concordia professor and close friend, said Hoodfar's niece Amanda Ghahremani was on hand to meet her in Oman — the first stop on her journey home.

"She's very frail, she looks extremely thin … and very worn," Mendell said of a report she received. "I suspect that she's not in good health, but she's free and out of Iran and she will get medical care and her medication."

"I'm really grateful to his majesty, Sultan Qaboos, for making this happen … after so many months, so many days in prison," Hoodfar told Omani state television. THE CANADIAN PRESS

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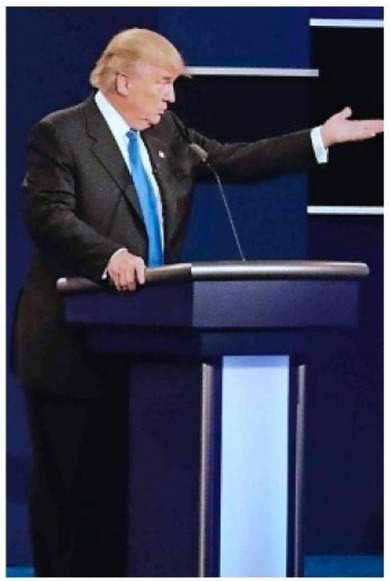
Trump vs. Clinton: Round 1



Donald Trump began the debate in his sweet spot: jobs and trade. But he seemed to falter as the night proceeded, taking Clinton's bait on heated matters. DAVID GOLDMAN/THE ASSOCIATED PRESS

U.S. ELECTION

Republican stumbles after taking bait on heated issues

> Our country is suffering because people like Secretary Clinton have made such bad decisions.
> Donald Trump

Measured versus agitated. Practiced versus improvisational. Mostly factual versus — frequently not even close.

If anyone in America still believed there is no real difference between Republican presidential candidate Donald Trump and his Democratic opponent Hillary Clinton, a dramatic and acrimonious first debate likely disabused them.

Hectoring and grimacing, Trump pressed a populist economic message that sought to portray Clinton as a do-nothing agent of a failed status quo. Clinton, smiling and quieter, painted Trump as a bigoted and dangerous charlatan with dark financial secrets and a long record of mistreating average people.

Trump began the debate in his sweet spot: jobs and trade. But he seemed to falter as the night proceeded, taking Clinton's bait on uncomfortable matters of race, gender and his business past.

And Trump delivered the only lines that may turn into damaging gaffes. When Clinton noted that he cheered for the housing crisis because it could present a money-making opportunity for himself, he said, "That's called business." And when Clinton pointed out that he paid no income tax in some years, he said, "That makes me smart."

Speaking in generalities as usual, the businessman dispensed with direct answers in favour of angry attacks on a former senator and secretary of state he said has no solutions for a country in crisis.

"Typical politician, all talk, no action, sounds good, doesn't work, never going to happen," he said at one point. "Our country is suffering because people like Secretary Clinton have made such bad decisions in terms of our jobs and in terms of what's going on."

Trump, though, refused to explain what he would do to bring back the jobs he alleged that Clinton had chased away. ("First of all, you don't let the companies leave," he said when pressed.) And he struggled to explain the most damaging parts of his history, regularly resorting to lies when challenged by Clinton and moderator Lester Holt.

The biggest whopper: his repeated claim that he opposed the war in Iraq, which he supported until 17 months after the invasion.

Among other things, he also falsely claimed that New York has seen more murders since the city ended its stop-and-frisk police search program, that stop-and-frisk was not ruled unconstitutional, that he did not press the issue of President Barack Obama's birthplace after 2011, and that he never suggested he could renegotiate the country's debt, and that he has called climate change a Chinese hoax.

The debate arrived as Clinton's once-formidable lead in national polls evaporated into a tiny edge averaging between one and two percentage points amid deep concerns about her honesty. Perhaps more troubling for her, polls in two of the most critical states, Colorado and Pennsylvania, have also tightened considerably.

Clinton, who appeared to grow stronger as the 90-minute clash unfolded, launched her sharpest attacks on three of Trump's chief vulnerabilities: his refusal to release his tax returns, his record of sexist remarks, and his spotty record in dealing with and talking about racial minorities.

"You've got to ask yourself, why won't he release his tax returns? And I think there may be a couple of reasons. First, maybe he's not as rich as he says he is. Second, maybe he's not as charitable as he claims to be," she said.

Trump insisted, as usual, that he has been "under a routine audit" for years, a claim the U.S. tax authority has suggested is unlikely.

The debate, held at Hofstra University on Long Island, was merely the first of three. But the audience was expected to be the biggest for this one — and some analysts thought it might hit 100 million people — and strategists believed it would be the most important. David Plouffe, Barack Obama's 2008 campaign manager, told the Washington Post that it was "75 per cent of the rest of the campaign."

> Why not? Just join the debate by saying more crazy things.
> Hillary Clinton

Clinton's allies had feared that pundits would give her bombastic rival undue credit for showing a modicum of politeness and decorum. They needed not worry. The Trump who showed up in New York was the combative one who shows up at raucous rallies — a man with little regard for traditional conventions, prepared zingers, or the message discipline preferred by political professionals.

Clinton, who is almost as widely disliked as he is, adopted a far gentler strategy. Listening politely, she broke into a practised smile at the end of several of Trump's rants.

"Why not," she said at one point. "Just join the debate by saying more crazy things."

Clinton depicted herself as a steady hand who could, unlike Trump, be trusted with nuclear weapons. She suggested his policies and temperament could produce a war with Iran and a nuclear war in Asia.

"I think Donald just criticized me for preparing for this debate," she said after he criticized her for not joining him on recent trips. "And yes, I did. And you know what else I prepared for? I prepared to be president. And I think that's a good thing."

Among their sharpest exchanges came on the subject of Trump's years of advocating the "birther" conspiracy about Obama. Trump, pressed on the matter for the first time since he acknowledged without explanation that Obama was born in America, claimed he did "a great job and a great service, not only for the country, but even for the president in getting him to produce his birth certificate."

Clinton's response began: "Just listen to what you heard."

TORSTAR NEWS SERVICE

Hillary Clinton adopted a gentler strategy. Listening politely, she broke into a practised smile at the end of Trump's rants. DAVID GOLDMAN/THE ASSOCIATED PRESS

HALLOWEEN

Home Depot pulls peeping Tom decor

Home Depot Canada says it has pulled a Halloween window decoration that mimics a peeping Tom from its stores after a complaint from a customer.

The home-renovation chain says it took "immediate action" to remove the Scary Peeper Creeper from shelves after a customer raised concerns.

The CBC reports that a woman complained the decoration — which is attached to a window and looks like a man peering inside — makes light of a real and legitimate threat to women's safety.

Home Depot Canada says it reached out to the person who made the complaint and apologized, adding the product is not in line with the company's "core values." The item no longer appeared on the store's website Monday morning but was listed at $29.98 on the company's American site.

It looks like the head and hands of a hooded man pressed against the window.

THE CANADIAN PRESS

IN BRIEF

Shomi shutting down

Shomi says it is shutting down as of Nov. 30 after two years in operation. The web streaming service attributed the decision to a business climate and online video marketplace that has changed markedly in recent years.

THE CANADIAN PRESS

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PHILOSOPHER CAT by Jason Logan

ROSEMARY WESTWOOD

ON THE FIRST BIG DEBATE

LAST NIGHT, AN ADULT DEBATED A CHILD — AND IT WASN'T CLOSE

There was only one adult on the debate stage last night.

And she absolutely slayed.

Hillary Clinton did what so many of her critics deemed impossible: She led the debate, she kept her calm, she even looked like she was enjoying herself — no easy feat, if you believe the media's construct of Clinton's demeanour. Clinton also happened to make sense: An obvious added bonus.

Trump… not so much. He interrupted and talked over Clinton as he pleased, pouncing with a single declarative ("Wrong!" "Facts!" "Not!") at every attack, but was so long-winded and digressive during his own time as to be unquotable on any policy point at all. (He proved "semi-exact," to quote one Trumpism that will endure.) He was always following, gripping, the younger child desperately trying to keep up.

Clinton? She laughed, she smiled, she replied to Trump with the eloquence of a competent leader. And she had the better zingers. "Just listen to what you heard," she quipped.

DEBATE? Donald Trump and Hillary Clinton may have shared a stage, but they didn't share a tone. THE ASSOCIATED PRESS

And we were, giddily. At the bar I was in — packed to the gills with bartenders so overworked I could smell them — we were eating it up. There were jeers and cheers. All the buzz you'd expect from a spectator sport.

And yes, there's an entertainment value to debates.

But as a Canadian, safely watching from this side of the 49th, it's easy to forget that this is not just reality TV.

An angry ex-pat American (and Trump sympathizer) once wrote to tell me how egregious she considered Canadian coverage of the American election.

We're all in cahoots to offer "ridiculously slanted and blatantly biased" coverage, she wrote, obsessed with "chronic musings and snide perspectives about a race that (we) cannot even participate in."

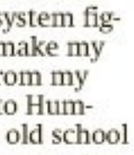
If by "biased" she means able to view Trump as an objectively horrific choice for president — guilty as charged. But it is true, undeniably, that this is not our race. We have (economic, cultural, political) skin in the game, but not every limb and bone. Not the heart. This isn't our imagined family tearing itself apart. We are cousins at a distance. This is not our kitchen table.

Now that the election approaches the boiling point, now that polls track the rising Trumpian wave, now that a man in Georgia is talking on NPR about joining a militia in case there's a civil war — now's the time to remember this: We are the spectators.

But this game? It's real. And, thank God, Clinton looks like a winner.

Presto could have been cure for transfer woes

TORY'S TORONTO
Matt Elliott



With Presto, change is coming slowly.

Numbers from the TTC show that just five per cent of all trips in August were paid for with the Presto fare card. Even with the TTC planning to ditch tokens and passes next year, the vast majority of riders still haven't even given their replacement a look.

These cards are supposed to represent the future, but riders seem to prefer the past.

Some of the hesitancy is likely due to the awkward transition period. Technical issues haven't helped, either.

But I think there's another reason why TTC riders aren't rushing out to get Presto card: using one can be confusing as hell.

Especially if you're making a trip with a transfer or two.

Even as a ridiculous transit nerd, I still don't feel like I have the transfer system figured out. When I make my long weekly trip from my house downtown to Humber College, I grab old school paper transfers at every step, just to be safe.

It's not entirely clear to me — and, from what I can tell, even to many TTC drivers — whether I should tap my card again when I transfer from streetcar to subway, or subway to bus. The attempt to bolt Presto on top of an existing transfer system that works through printed slips of paper isn't working.

All this confusion is doubly frustrating because it was avoidable. For the TTC and Presto, there was a better way.

The TTC could have used the opportunity granted by the Presto switch to move to timed transfers system-wide.

With timed transfers, paying a fare anywhere on the system would grant you unlimited rides for a defined window of time. Two hours is the most common proposal.

It's an idea that's been kicking around for years. In 2012, advocacy group Women in Toronto Politics argued that timed transfers, in addition to simplifying fares for everyone, would especially help out parents who rely on the TTC for short trips like errands.

Using Presto as the means to introduce timed transfers could have made life easier for the beleaguered IT team working on the implementation. It also could have provided a real incentive to TTC riders thinking about making the switch. Instead of it feeling like this is a change being forced on riders — at a cost of six bucks per card — there could have been an immediate benefit to going Presto.

But alas, Metrolinx, the TTC and Toronto City Council have shown no appetite to seriously consider timed transfers. They cite the cost — last estimated at about $20 million per year — as a barrier. But if the TTC really wants to convince riders that Presto is the future, the future should look brighter.

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"I stand with Hillary. I'm with her. I believe Hillary will best represent our country." — Kim Kardashian

Your memory can be hacked

INTERVIEW

Researcher's book reveals the flaws in our recollections

Stop for a moment and think about your first job interview. Can you remember it? Now, try to remember your first day of kindergarten. Or where you were on 9/11. Or the day of your wedding.

Those thoughts, those memories, popping into your head — they're probably flawed. And you might've even made some of them up.

So says Julia Shaw, a Canadian researcher and "memory hacker."

As a forensic psychologist and memory expert, Shaw is capable of creating false memories in the minds of average people about events that never actually happened, be it that they committed a terrible crime or were attacked by a dog. Horrifying? Yup. Totally fascinating? That too.

"Normally, you do this unintentionally," Shaw tells me. "You're talking to family and friends, sharing memories, picking up details. But researchers like me, we hijack that process."

Shaw is promoting her new book, The Memory Illusion, which explores the science behind false memories, self-deception and how our memory system really works. Your brain is "incredibly malleable and adaptive," according to Shaw, a senior lecturer in criminology at London South Bank University.

Neurons — cells in our brain — connect with one another to develop meaningful networks, which change according to our experiences, Shaw writes.

She likens it to a Wikipedia page, where you can modify things — and so can other people. "It's fluid, with all sorts of inputs, where memories can be readily deleted," Shaw says.

Imagine being at a dinner party where friends are all recounting a high school memory. Everyone offers a tidbit, which reshapes your recollection of the event — and, in the end, it's impossible to know which parts are your memories or those of other people, and if certain parts of the story even happened at all.

Our attention span also comes into play in memory formation, since we can only truly focus on one thing at a time, Shaw notes. It's like what happens at speed dating or a networking event: Despite your best efforts, you're likely going to forget people's names as your brain filters through information about their appearance, their voice, their personality.

"We often don't process someone's name because we're so busy processing them as a whole," says Shaw.

The "neuronal plasticity" of our brains is the reason we're able to form memories, but it also means we're capable of these memory mistakes. And there's where memory hacking comes in.

"I get people to confuse their imagination with their memory, by getting them to repeatedly picture an event happening, and adding multi-sensory details like what they're hearing, seeing, smelling, tasting," Shaw tells me. "Over time, that can become indistinguishable in the brain from a real memory."

In other words: Shaw can make you truly believe you did something that never actually happened. Think you wouldn't be fooled? Don't bet on it. In Shaw's research, 70 per cent of individuals were classified as having these false memories.

Her work, and that of other researchers in the memory field, offers a wake-up call to the justice system, highlighting how law enforcement agencies can be capable of eliciting false confessions.

But Shaw's ultimate message isn't one of fear. Our brains are wired this way for a reason, and false memories are just the byproduct of how our malleable minds work. "Our reality is a personal construction, and the flexibility of our memories allows us to learn, update information and make connections. Without that, we would have nothing," Shaw says. TORSTAR NEWS SERVICE

Psychologist Dr. Julia Shaw, author of The Memory Illusion says that the neural plasticity of our brains is the reason we're able to form memories but it also means we're capable of making memory mistakes. TORSTAR NEWS SERVICE

MIND GAMES

Weird works: "Research shows that, from a memory perspective, weirdness sticks," Shaw writes. In other words: Unexpected components make for memorable pieces of information. Consider the statement 'don't think about pink elephants," Shaw suggests. It's weird and unexpected, and it'll probably stick it your head.

Master mnemonics: Mnemonics means the study and development of systems for improving and assisting memory. Remember those childhood phrases like 'Never Eat Soggy Weiners' or 'Never Eat Shredded Wheat'? They both act as quirky and memorable ways to remember the directions of north, east, south, and west.

MATERNAL HEALTH

There's an upside to morning sickness

It's dreaded by moms-to-be but morning sickness is actually a good sign — for the baby, a government study shows, confirming common pregnancy lore and less rigorous research.

Women with nausea early in pregnancy were half as likely to have miscarriages and stillbirths as those who sailed through the first few months. Miscarriages were also less common in women who had nausea plus vomiting, although the benefit was stronger for those who just had nausea.

Led by researchers at the National Institute of Child Health and Human Development, the study involved almost 800 women who'd had at least one miscarriage and then became pregnant again. They were asked to record symptoms in daily diaries for the first eight weeks of pregnancy and in monthly questionnaires through the end of the first trimester.

Stefanie Hinkle, the lead author and a researcher at the national institute, called it the most rigorous study to date on the topic, but also noted that it's unclear if the results would apply to first-time pregnancies.

Results were published Monday in JAMA Internal Medicine .

There were 188 miscarriages and stillbirths, affecting almost 1 in 4 pregnancies, which is similar to national estimates. More than 90 per cent occurred in the first trimester.

Of the nearly 800 women in the study, 443 completed daily diaries, and just over half of them reported nausea by the eighth week of pregnancy, also similar to national estimates. About one in four had nausea and vomiting. The researchers then used statistical analyses to calculate that nausea alone, or nausea with vomiting, was linked with a 50 per cent to 75 per cent reduction in the risk of pregnancy loss.

Causes of morning sickness are uncertain but it has been linked with high hormone levels that occur early in pregnancy. How it might reduce chances for miscarriages is also uncertain. Theories include the idea that nausea could make women avoid potentially harmful substances, including bacteria-contaminated food, which can increase risks for miscarriages.

THE ASSOCIATED PRESS

Causes of morning sickness are uncertain, but it has been linked to high hormone levels that occur early in pregnancy. ISTOCK

metro SPORTS

For the first time in franchise history, the Edmonton Oilers will have a mascot (Hunter) prowling around the rink

MLB YANKEES GET THE BETTER OF JAYS IN DUSTUP
Blue Jays catcher Russell Martin is restrained during a bench-clearing incident in the second inning as he has words with Gary Sanchez of the Yankees on Monday night at Rogers Centre. The Yankees staged a ninth-inning comeback in which they scored five runs, then held off the Jays in the bottom half to win 7-5. TOM SZCZERBOWSKI/GETTY IMAGES

IN BRIEF

Leafs fall to Senators in their pre-season opener
Phil Varone had two goals and two assists to lead the Ottawa Senators to a 6-3 pre-season victory over the Toronto Maple Leafs on Monday in Halifax.

Logan Brown, Thomas Chabot, Matt Puempel and Casey Bailey, a former Leafs prospect, also scored for Ottawa.

Andrew Nielsen, Frank Corrado and Jake Gardiner replied for the Leafs. Mitch Marner, the fourth overall draft pick in 2015, had two assists. THE CANADIAN PRESS

Team Europe to go forward without Gaborik's services
Team Europe forward Marian Gaborik will miss the World Cup of Hockey final with a lower-body injury.

Gaborik, a 34-year-old Slovak forward, left the European squad on Monday with a foot injury that will keep him out eight weeks as confirmed by his NHL club, the Los Angeles Kings.

Game 1 in the best-of-three final series against Canada is Tuesday night.
THE ASSOCIATED PRESS

Sparking change a priority for Raptors

NBA

Dinos speak on race relations with police in United States

Raptors point guard Kyle Lowry says NBA players have to use their voices when it comes to shedding light on racial inequality. CHRIS YOUNG/THE CANADIAN PRESS

The Toronto Raptors plan to join the growing chorus of pro athletes speaking out against police brutality, a topic that has hit close to home for DeMar DeRozan.

"I had a close friend of mine a couple of weeks ago that was murdered by the police, shot 17 times," the star guard said Monday at the team's media day prior to the start of training camp. "It was something I haven't spoke out about, it was more so of just understanding what's going on in our society and how much I can help."

San Francisco 49ers quarterback Colin Kaepernick refused to stand for the Star-Spangled Banner in protest of police shootings and racial inequality in the United States, and his action has spread not only across the NFL, but to NCAA football and the WNBA.

And now, the NBA — in which 75 per cent of players are black — will surely see some players follow suit when the season tips off next month.

The Raptors say they're all for using their high-profile platform to press for change, but didn't offer specifics of how they would do that, including whether they would refuse to stand during the anthem.

"It is our job, as leaders here, to have conversations about it," coach Dwane Casey said. "All I tell our guys is to be informed ... and do it from the heart. It should be about bringing awareness to the situation and what's going on."

The NBA has a rule that players and coaches must stand during the national anthems, although the rule wasn't mentioned in a letter to players last week.

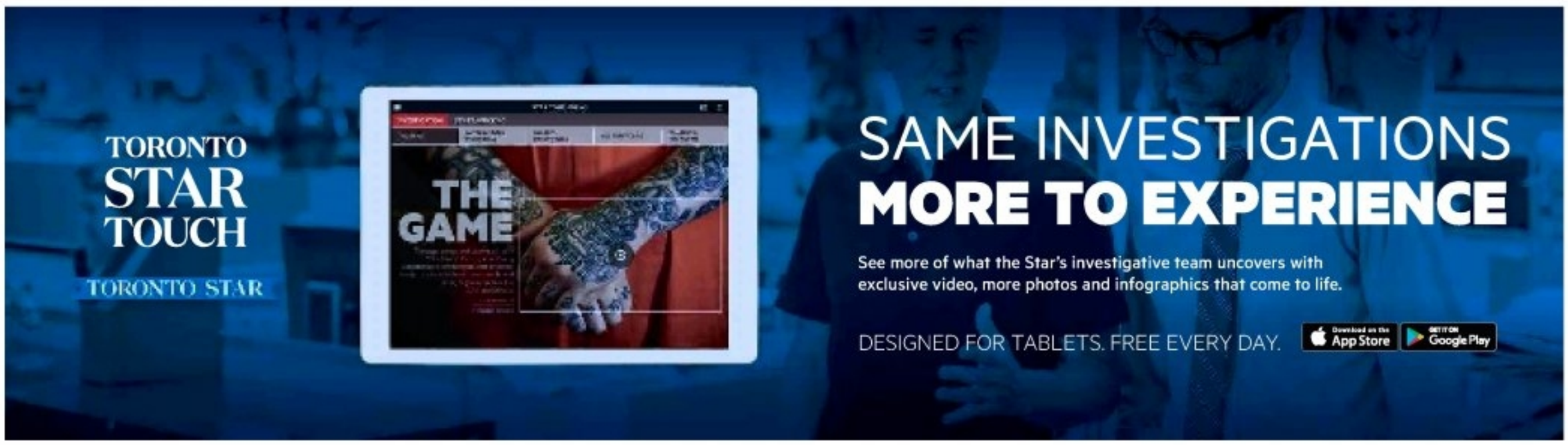
In the letter, the league and the players union said: "We will be working with your teams during training camp to get your thoughts and ideas."

"One of the things with the NBA that I am really proud of is that we get ahead of these things, we all have the right to speak our minds and we've discussed with our players," Raptors president Masai Ujiri said.

Raptors all-star guard Kyle Lowry said the players would talk over how best to proceed.

"Me having two younger black kids, making sure people are aware that me growing up, definitely getting pulled over was a scary thing," Lowry said. "I think now we have to use our voices. Everybody can do their own thing." THE CANADIAN PRESS

> **"I think what Colin Kaepernick is doing speaks volumes about himself, because it shows that he wants peace."** New Raptor Jared Sullinger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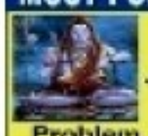

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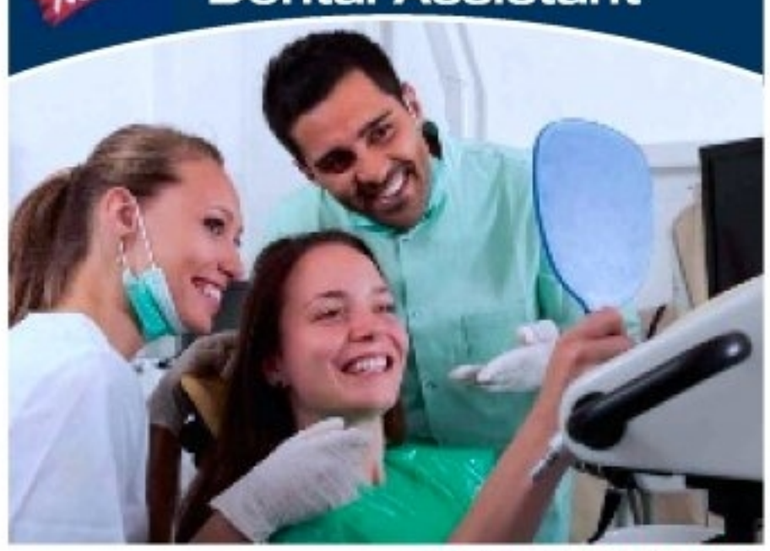

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RECIPE Roasted Cauliflower Salad

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Don't turn your back on salad now that cooler days are here! Roasting cauliflower gives it a delicious, nutty flavour you'll love.

Ready in 40 minutes
Prep time: 30 minutes
Cook time: 10 minutes
Serves 4

Ingredients
- 1 head of cauliflower cleaned and cut into small florets
- 1 head romaine lettuce cleaned and cut into thin strips
- 6 or 7 leaves of radicchio cleaned and cut into thin strips
- 1/2 cup extra virgin olive oil
- 1/4 cup red or white wine vinegar
- 2 shallots minced
- handful of hazelnuts roughly chopped
- salt and pepper

Directions
1. Preheat oven to 350 degrees.
2. Toss cauliflower florets in a bit of olive oil, salt and pepper. Pour into shallow roasting pan and place in oven for about 30 minutes. Turn and toss once or twice.
3. Remove from the oven and allow to cool.
4. In a jar, place oil, vinegar, shallots and salt and pepper and shake.
5. Dress your lettuce lightly in the dressing and arrange in a bowl or on a platter. Drizzle some dressing over the cauliflower and toss.
6. Arrange the dressed cauliflower on the lettuce. Sprinkle nuts on top.

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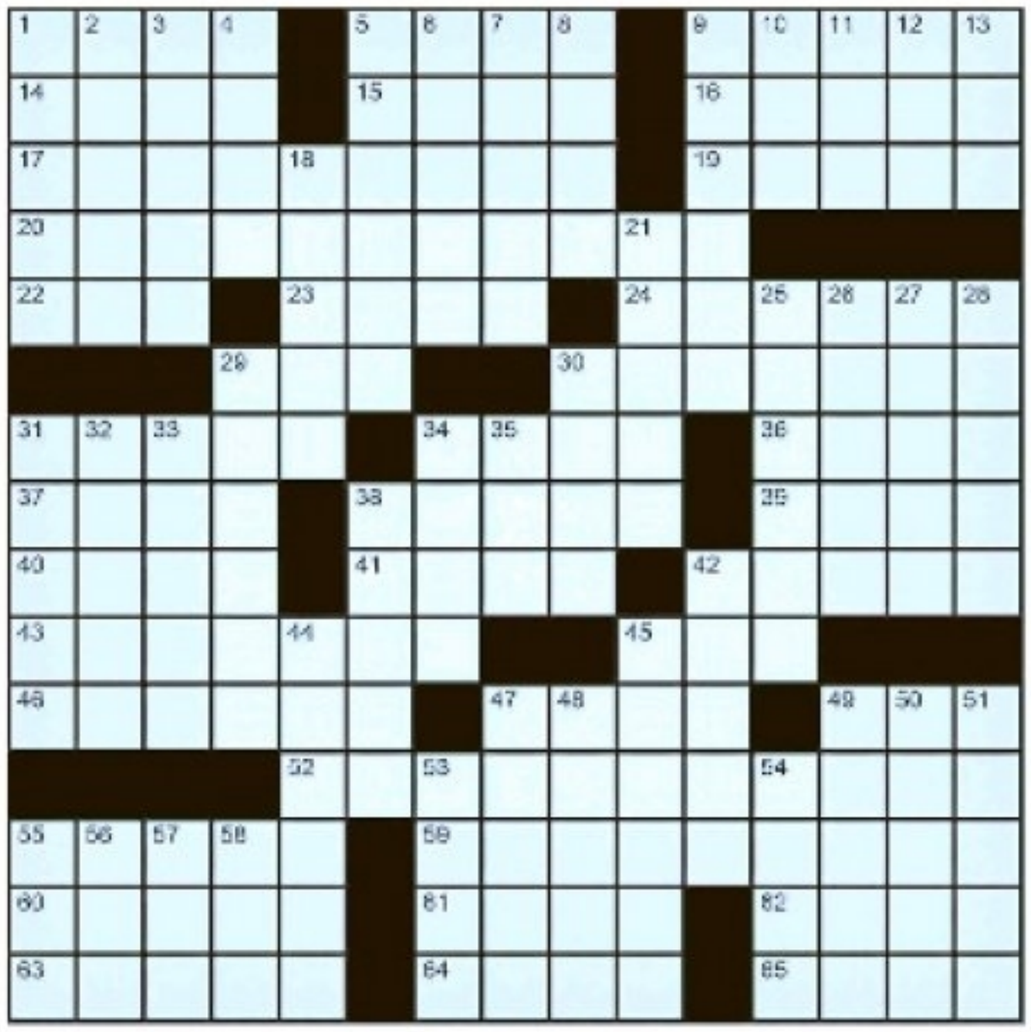
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Chesterfield
5. Lament loudly
9. Earthy pigment
14. Mr. Sandler
15. Prefix meaning 'Self'
16. Easily duped
17. Practicing performer
19. Short-tailed weasel
20. Penticton, British Columbia born actress who won a Tony Award in 1972 for her performance in the Stephen Sondheim stage musical Follies: 2 wds.
22. The Family Stone's star
23. Podium
24. The very start
29. Cry from a kitten
30. Domed building lobby
31. Raised flatlands
34. Mister Ed's pace
36. Film _ (Movie genre)
37. Cut
38. Party beverage in a large bowl
39. Ms. de Matteo
40. Pro _ (In proportion)
41. Thin wood strip
42. Salad green
43. Cacophony
45. _ Na Na
46. Ranch animals
47. "...or to take arms against _ _ of troubles..." - Hamlet
49. ABBA song
52. Canadian band with the 1986 tune "Me, Myself & I"; 2 wds.
55. Papa _ (Rock band)
59. Most sparkly
60. Boredom
61. Charles _, Officer Renko portrayer on '80s police series "Hill Street Blues"
62. Prude
63. Like well-worn denim
64. _ Christie (Eugene O'Neill play)
65. Casino game

DOWN
1. Ms. Gilbert's of "The Talk"
2. Nancy of "Entertainment Tonight"
3. "Lost" actor, Jeff _
4. 'Travelers Cheques' co.
5. Poland's capital
6. Also, in Montreal
7. Particulars
8. Ms. Loughlin of "Full House"
9. Like an ajar door
10. Front door floor piece
11. Prefix to 'hazard'
12. Movies actress Ms. Mendes
13. Soak flax
18. White House staff
21. Comb's one-of-some
25. Arctic's treeless expanse
26. SnooZZZe
27. Ms. Falco's
28. Ms. Reid, and namesakes
29. Nova Scotia: Isle _ (Island off Cape Breton)
30. Full-bodied, as flavour
31. Singer Mr. Anthony, and namesakes
32. Glorify
33. Bristly hairs
34. Thickening gum
35. Sandy mound bug
38. Lavish
42. My Name Is Asher Lev novelist Mr. Potok
44. Type of flower
45. "Just Another Day" singer Jon
47. Edgar _ Poe
48. Coil of yarn
49. Vista
50. "The Price Is Right" announcer, Johnny _ (b.1910 - d.1985)
51. Brief-but-heated fight
53. Title in Turkey
54. Peril
55. TKO caller
56. _ _ mission
57. "Keep talking..."
58. Pool stick

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
For the next six weeks, your ambition is aroused. This will help you to accomplish a lot; however, use caution during conflicts with bosses and co-workers.

Taurus April 21 - May 21
Your interest in intellectual ideas will grow in the next month. You will expand your personal beliefs. Travel will please you as well.

Gemini May 22 - June 21
Disputes about inheritances, shared property and debt are likely during the next six weeks. You will be successful in settling things the way you desire.

Cancer June 22 - July 23
Fiery Mars is opposite your sign for the next six weeks, creating tension between you and others. You want to put your cards on the table and tell it like it is!

Leo July 24 - Aug. 23
You can accomplish a lot in the next month because Mars will give you the energy to do so. However, you will want credit for what you do.

Virgo Aug. 24 - Sept. 23
Grab every opportunity for playful diversions during the next six weeks. Take a vacation. You will have lots of energy for physical sports.

Libra Sept. 24 - Oct. 23
Increased chaos and activity at home are likely during the next six weeks, perhaps due to renovations, redecorating projects or visiting guests. Handle this with patience and grace.

Scorpio Oct. 24 - Nov. 22
Your communication with others is strong in the coming month. You will have no trouble persuading people to agree with your ideas. (Don't be overbearing.)

Sagittarius Nov. 23 - Dec. 21
It will be easy to earn money in the next six weeks, because you have the energy to focus on this. Likewise, many of you will be spending a lot.

Capricorn Dec. 22 - Jan. 20
Fiery Mars will be in your sign for the next six weeks. This happens only once every two years. Get ready for lots of activity and hard work!

Aquarius Jan. 21 - Feb. 19
Behind-the-scenes work will appeal to you in the month ahead because you want to do something quietly, perhaps on your own. Be aware that someone might not agree with your choices.

Pisces
Feb. 20 - March 20
Physical sports and competition will mark your activities for the next six weeks. This also is a good time to define your goals and actively pursue them.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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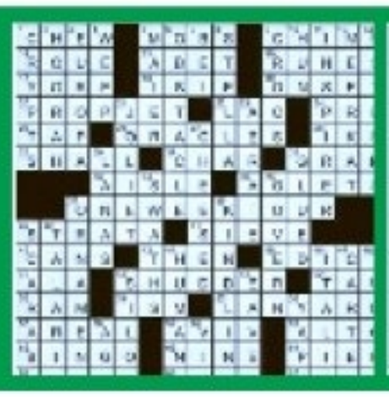

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